



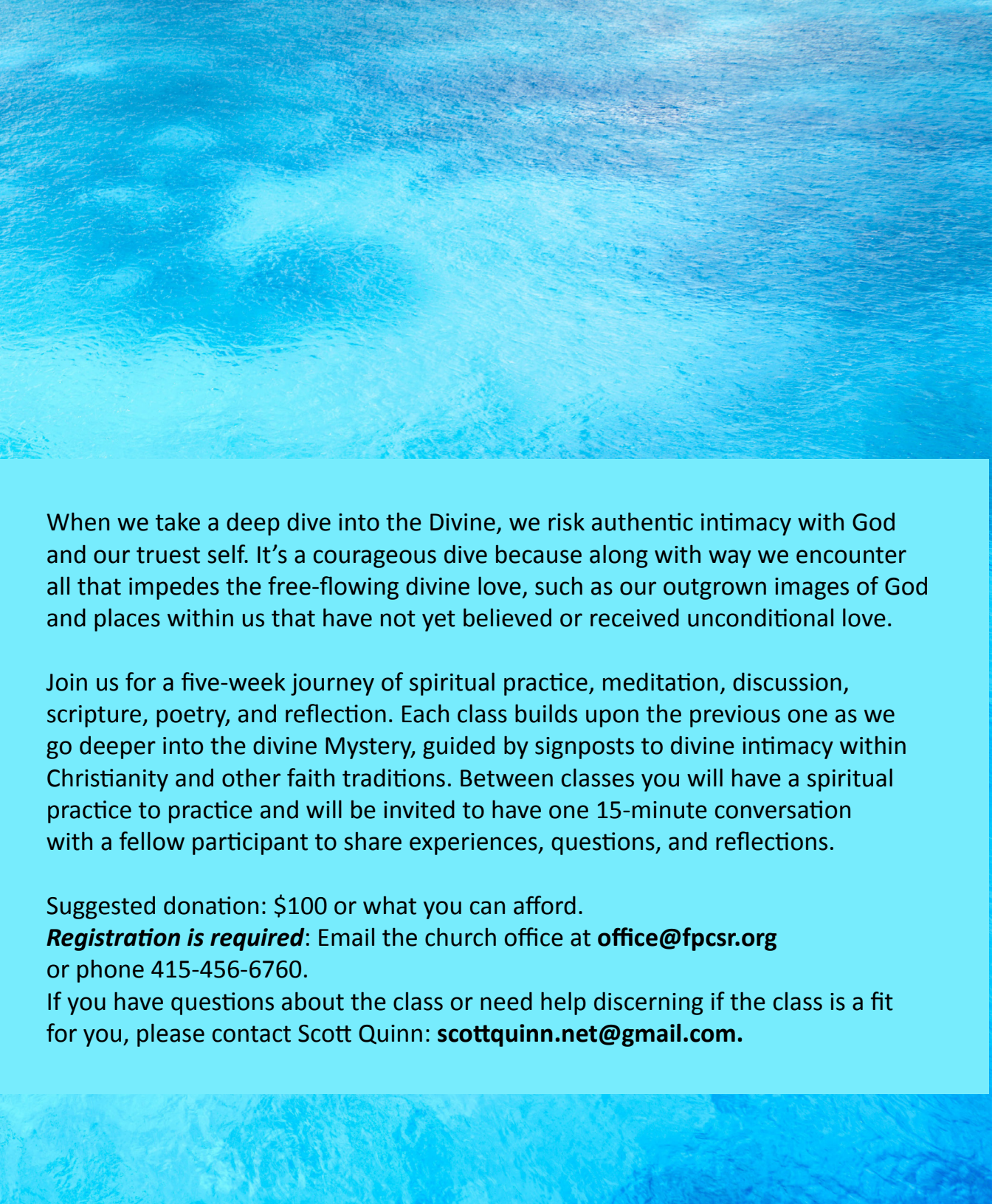
ONE WORLD ONE SPIRIT SPRING 2024 OFFERING

*Deep Dive into the Divine:
For the Sake of the World
A Five-Part Class in Person with Scott Quinn*

**In the Chapel, First Presbyterian Church of San Rafael
Tuesdays - April 2, 9, 16, 23 and 30, 11:00am to 12:30pm.**

How do you know if this class might be for you?

- *Do you seek a freer, more honest relationship with God and wish to release old beliefs about God and yourself that are untrue and no longer serve you?*
- *Are you ready to bring God your doubts, uncensored truth, pain, flaws and burdens and find not only relief, but in the process also become more intimate?*
- *Do you want to attune yourself to recognize God's presence, the Everywhere Sacred in the ordinary moments of your life?*
- *Are you passionately curious to know who you really, ultimately are - to know deep within that you, God, and all life are not separate, but One?*



When we take a deep dive into the Divine, we risk authentic intimacy with God and our truest self. It's a courageous dive because along with way we encounter all that impedes the free-flowing divine love, such as our outgrown images of God and places within us that have not yet believed or received unconditional love.

Join us for a five-week journey of spiritual practice, meditation, discussion, scripture, poetry, and reflection. Each class builds upon the previous one as we go deeper into the divine Mystery, guided by signposts to divine intimacy within Christianity and other faith traditions. Between classes you will have a spiritual practice to practice and will be invited to have one 15-minute conversation with a fellow participant to share experiences, questions, and reflections.

Suggested donation: \$100 or what you can afford.

Registration is required: Email the church office at office@fpcsr.org or phone 415-456-6760.

If you have questions about the class or need help discerning if the class is a fit for you, please contact Scott Quinn: scottquinn.net@gmail.com.



Scott Quinn is Executive Director of the Marin Interfaith Council. He was ordained a Lutheran minister and Interfaith minister, and was an educator and spiritual director at an interfaith spirituality center in Austin. He serves as faculty and as a student supervisor for the spiritual direction programs at The Chaplaincy Institute and San Francisco Theological Seminary. Scott lives in San Rafael where he has a spiritual direction/supervision practice, and where he and his partner tend many pets and a large garden. His website is: scottquinn.net.



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